

FOREST CITY REGIONAL HIGH SCHOOL
FEBRUARY LUNCH MENU 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>Available Daily</u> Assorted Salads Fruit Parfait Sun Butter & Jelly Sandwich</p> <p><u>Grab & Go Special for the Week:</u> Buffalo Empanadas * <u>Hot Line Alternates</u> <u>Mon & Thursday</u> Cheeseburger <u>Tues, Wed, & Friday</u> Chicken Fillet Sand. * <u>Grab & Go Special for the Week:</u> Chicken Egg Roll w/Teriyaki Sauce * <u>Daily Veggie Possibilities:</u> Featured Hot Veggie or Raw Vegetables (Cucumbers, Celery, Carrots, Broccoli) * <u>Grab & Go Special for the Week:</u> Chicken Quesadilla w/Salsa * Schoolcafe.com or 570-785-2412 for account balances * <u>Grab & Go Special for the Week:</u> Nachos & Cheese Meal</p>	<p><u>Go Patriots</u> </p>		<p><u>Free Breakfast and Lunch for all Students!</u> <u>No applications to submit</u></p>	<p><u>Go Seahawks</u> </p>	
2	<p>Chicken & Cheese Hoagie Lettuce & Tomato Spiral Fries Fries Zucchini Pears Apple Slices</p>	<p><u>Tacos on Tuesday</u> Taco Meat over Tortilla Chips w/All the Fixin's Steamed Rice Buttery Corn Black Bean Salad Peaches Mixed Fruit</p>	<p>4</p> <p>Mozzarella Sticks w/Marinara Sauce Garden Salad w/Dressing Buttery Green Beans Mandarin Oranges Strawberries</p>	<p>5</p> <p>Tortellini w/Sauce Garlic Bread Garden Salad w/Dressing Steamed Broccoli Applesauce Orange Slices</p>	<p><u>Super Bowl Friday</u> Boneless Wings Homemade Wing Sauce or BBQ Oven Crisp Fries Glazed Carrots Dinner Roll Raisins Pineapple Cup</p>
9	<p>Turkey & Cheese Pretzel Melt Oven Crisp Fries Glazed Carrots Chick P's & Tomato Salad Apple Slices Pears</p>	<p>10</p> <p>Grilled Cheese Tomato Soup Goldfish Crackers Winter Blend Vegetables Assorted Yogurt Mixed Fruit Peaches</p>	<p>11</p> <p>Rotini w/ Meat Sauce Garlic Breadstick Garden Salad w/Dressing Buttery Green Beans Strawberries Mandarin Oranges</p>	<p>12</p> <p>General Tso's or Sweet & Sour Chicken & Rice Bowl Steamed Broccoli Fortune Cookie Orange Slices Applesauce</p>	<p>13</p> <p>Big Daddy Pizza Garden Salad w/Dressing Peas & Carrots Pineapple Cup Craisins</p>
16	<p><u>NO SCHOOL</u> </p>	<p><u>Brunch for Lunch</u> French Toast Sticks Syrup Tater Tots Sausage Patty Assorted Yogurt Orange Slices Apple Slices</p>	<p>18</p> <p>Mrs. T's Pierogies w/Butter & Onions Goldfish Crackers Garden Salad w/Dressing Green Beans Mandarin Oranges Pears</p>	<p>19</p> <p>Turkey & Gravy over Biscuits Mashed Potatoes Glazed Carrots Applesauce Orange Slices</p>	<p>20</p> <p>Mickey's Pizza Garden Salad w/Dressing Steamed Broccoli Raisins Pineapple Cup</p>
23	<p>Chicken Tenders w/Dipping Sauces Potato Wedges Glazed Carrots Dinner Roll Apple Slices Peaches</p>	<p>24</p> <p>Hamburger or Bacon Cheeseburger Lettuce & Tomato Pasta Salad Baked Beans Peaches Mixed Fruit</p>	<p>25</p> <p>Pasta Alfredo Plain or w/Chicken Garlic Breadstick Garden Salad w/Dressing Steamed Broccoli Pears Mandarin Oranges</p>	<p>26</p> <p>Pulled Pork Sandwich Plain or BBQ Roasted Potatoes Buttery Green Beans Orange Slices Applesauce</p>	<p>27</p> <p>Max Stix w/Marinara Sauce Garden Salad w/Dressing Gold'n Corn & Carrots Pineapple Cup Craisins</p>

FEBRUARY BREAKFAST MENU 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Ham, Egg, & Cheese Croissant Fruit and/or Juice Milk</p>	<p>Egg & Cheese Croissant Fruit and/or Juice Milk</p>	<p>Bacon, Egg & Cheese Croissant Fruit and/or Juice</p>	<p>Sausage, Egg, Cheese on a Croissant Fruit and/or Juice Milk</p>	<p>Bacon, Egg, & Cheese Bagel Fruit and/or Juice Milk</p>

Menu subject to change.

High School Breakfast and Lunch Meals are Free

Happy Valentine's Day

This institute is an equal opportunity provider and employer