

FOREST CITY REGIONAL PRE-K
FEBRUARY MENU 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>* 1% Unflavored Milk Served Daily * * All Grains offered are at least 51% Whole Grain * * <u>Alternates Available Daily</u> Sun Butter & Jelly Sandwich * * <u>Daily Fruit Possibilities:</u> Canned, Dried, or Fresh Fruit (Apples, Oranges, Bananas, Pears, Peaches, Pineapple, Mixed Fruit, Raisins, Fruit in Season) * * <u>Daily Veggie Possibilities:</u> Featured Hot Veggie or Raw Vegetables (Cucumbers, Celery, Carrots, Broccoli) * * <u>Healthy Snack for Home & School</u> Graham Crackers & Yogurt</p>	<p>FREE SCHOOL BREAKFAST NOW AVAILABLE FOR ALL STUDENTS</p> <p><u>The Governor's School Breakfast Challenge</u> Schools will be recognized for increasing breakfast participation while incorporating sustainable changes that include more nutritious and local foods. Help our school meet the goals of the Governor's Challenge by encouraging your child(ren) to participate in school breakfast during January, February, and March</p>				
	<p><u>Tacos on Tuesday</u></p> <p>2 Chicken & Cheese Hoagie Lettuce & Tomato Spiral Fries Baby Carrots w/Ranch Pears <u>Alternate</u> Hot Dog</p>	<p>Taco Meat over Tortilla Chips w/All the Fixin's Buttery Corn Black Bean Salad Peachy Peaches <u>Alternate</u> Hot Dog</p>	<p>4 Mozzarella Sticks w/Marinara Sauce Buttery Green Beans Mandarin Oranges <u>Alternate</u> Hot Dog</p>	<p>5 Tortellini w/Sauce Garlic Bread Steamed Broccoli Applesauce <u>Alternate</u> Hot Dog</p>	<p><u>Super Bowl Friday</u></p> <p>Boneless Wings Homemade Wing or BBQ Sauce Oven Crisp Fries Celery w/Ranch Dinner Roll Raisins <u>Alternate</u> Hot Dog</p>
	<p>9 Turkey & Cheese Pretzel Melt Oven Crisp Fries Chick P's & Tomato Salad Apple Slices <u>Alternate</u> Ham & Cheese</p>	<p>10 Grilled Cheese Tomato Soup Goldfish Crackers Winter Blend Vegetables Mixed Fruit <u>Alternate</u> Ham & Cheese</p>	<p>11 Rotini Pasta w/Meat Sauce Garlic Breadstick Buttery Green Beans Strawberries <u>Alternate</u> Ham & Cheese</p>	<p>12 Sweet & Sour Chicken & Rice Bowl Cucumbers w/Ranch Orange Smiles <u>Alternate</u> Ham & Cheese</p>	<p>13 Big Daddy Pizza Mixed Up Peas & Carrots Pineapple Cup <u>Alternate</u> Ham & Cheese</p>
	<p>16 No School <i>Happy Presidents Day</i>  </p>	<p><u>Brunch for Lunch</u></p> <p>French Toast Sticks Syrup Tater Tots Sausage Patty Orange Smiles <u>Alternate</u> Turkey & Cheese</p>	<p>18 Mrs. T's Pierogies w/Butter & Onions Goldfish Crackers Green Beans Mandarin Oranges <u>Alternate</u> Turkey & Cheese</p>	<p>19 Chicken & Gravy over Biscuits Mashed Potatoes Baby Carrots w/Ranch Applesauce <u>Alternate</u> Turkey & Cheese</p>	<p>20 Mickey's Pizza Steamed Broccoli Raisins <u>Alternate</u> Turkey & Cheese</p>
	<p>23 Chicken Tenders w/Ketchup or BBQ Potato Wedges Baby Carrots w/Ranch Apple Slices <u>Alternate</u> Ham & Cheese</p>	<p>24 Hamburger or Cheeseburger Lettuce & Tomato Pasta Salad Baked Beans Peachy Peaches <u>Alternate</u> Ham & Cheese</p>	<p>25 Chicken Alfredo over Pasta Garlic Breadstick Steamed Broccoli Pears <u>Alternate</u> Ham & Cheese</p>	<p>26 Pulled Pork Sandwich Plain or BBQ Roasted Potatoes Orange Smiles <u>Alternate</u> Ham & Cheese</p>	<p>27 Max Stix w/Marinara Sauce Gold'n Corn & Carrots Pineapple Cup <u>Alternate</u> Ham & Cheese</p>

FEBRUARY BREAKFAST MENU 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Assorted Cereal Graham Crackers Fruit and/or Juice Milk				

Menu subject to change.

Pre-K Breakfast and Lunch Meals are Free

This institute is an equal opportunity provider and employer