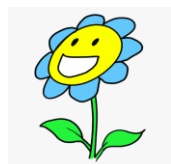


FOREST CITY REGIONAL ELEMENTARY
MAY MENU 2025

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|--|--|--|
| <p>All Students are eligible for a free breakfast and lunch each day!</p> <p>* Fat Free & 1% Milk Served Daily</p> <p><u>Healthy Snack</u> for <u>Home & School</u> Tortilla Chips & Salsa * All Grains offered are Whole Grains</p> <p>* <u>Daily Alternates</u> Sun Butter & Jelly Sandwich Cereal for Lunch (Cereal, Cheese Stick, Yogurt, Grahams)</p> <p>* Snack Milk - \$0.50 Lactaid - \$0.75</p> <p>* <u>Daily Fruit Possibilities:</u> Canned, Dried, or Fresh Fruit (Apples, Oranges, Bananas, Pears, Peaches, Pineapple, Mixed Fruit, Raisins, Fruit in Season)</p> <p>* <u>Daily Veggie Possibilities:</u> Featured Hot Veggie or Raw Vegetables (Cucumbers, Celery, Carrots, Broccoli)</p> | |  | | 1 Turkey & Melted Cheese on a Pretzel Roll Oven Crisp Fries Cucumbers Orange Smiles <u>Alternate</u> Egg Salad | 2 Max Stix w/Side of Sauce Steamed Broccoli Raisins <u>Alternate</u> Egg Salad |
| | 5 Steak & Cheese Hoagie Peppers & Onions Sweet Potato Puffs Apple Slices <u>Alternate</u> Turkey & Cheese | 6 Popcorn Chicken w/Ketchup or BBQ Mashed Potatoes Gravy Chick Ps & Tomato Salad Pears <u>Alternate</u> Turkey & Cheese | 7 Rotini w/Meat Sauce Garlic Breadstick Glazed Carrot Coins Mandarin Oranges <u>Alternate</u> Turkey & Cheese | 8 Sweet & Sour Chicken over Rice Steamed Broccoli Pineapple Chunks Fortune Cookie <u>Alternate</u> Turkey & Cheese | 9 New York Style Pizza Zucchini Applesauce <u>Alternate</u> Turkey & Cheese |
| | 12 Boneless Wing Bites Homemade Wing or BBQ Sauce Oven Crisp Fries Dinner Roll Peachy Peaches <u>Alternate</u> Hot Dog | 13 <u>Tacos on Tuesday</u> Taco Meat over Tortilla Chips w/All the Fixin's Buttery Corn Black Bean Salad Strawberry Cup <u>Alternate</u> Hot Dog | 14 Pizza Wedge Glazed Carrot Coins Applesauce <u>Alternate</u> Hot Dog | 15 Chicken Fillet Sandwich Smiley Fries Orange Smiles <u>Alternate</u> Hot Dog | 16 Tortellini w/Sauce Garlic Bread Seasoned Green Beans Raisins <u>Alternate</u> Hot Dog |
| | 19 Chicken Tenders w/Ketchup or BBQ Seasoned Potato Wedges Apple Slices <u>Alternate</u> Ham & Cheese | 20 Seasoned Pork Sandwich Plain or BBQ Roasted Potatoes Cucumbers Pears <u>Alternate</u> Ham & Cheese | 21 Chicken Alfredo over Pasta Garlic Breadstick Steamed Broccoli Mandarin Oranges <u>Alternate</u> Ham & Cheese | 22 Mini Turkey Corn Dogs Oven Crisp Fries Baked Beans Pineapple Chunks <u>Alternate</u> Ham & Cheese | 23 Mickey's Pizza Glazed Carrot Coins Applesauce <u>Alternate</u> Ham & Cheese |
| | 26 NO SCHOOL  MEMORIAL DAY! | 27 <u>Brunch for Lunch</u> French Toast Sticks Syrup Tater Tots Sausage Patty Strawberry Cup <u>Alternate</u> Egg Salad | 28 Rotini w/Meat Sauce Garlic Breadstick Glazed Carrot Coins Applesauce <u>Alternate</u> Egg Salad | 29 Chicken & Gravy over Biscuits Mashed Potatoes Cucumbers Orange Smiles <u>Alternate</u> Egg Salad | 30 Mozzarella Sticks w/Side of Sauce Steamed Broccoli Raisins <u>Alternate</u> Egg Salad |

MAY BREAKFAST MENU 2025



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|---|--|
| Mini Birthday Cake Pancakes Fruit and/or Juice Milk | Egg & Cheese on a Croissant Fruit and/or Juice Milk | Whole Grain Donut Sticks Fruit and/or Juice Milk | Breakfast Sausage Pizza Fruit and/or Juice Milk | Bagel w/Cream Cheese Fruit and/or Juice Milk |

Menu subject to change.

Elementary School Breakfast and Lunch Meals are Free - Milk/Snack Milk \$0.50

This institute is an equal opportunity provider and employer